

Many gardeners have a perpetually boggy patch of ground. You'll find that most standard nursery offerings are not up to the challenge of that condition. Constantly moist soils lack the air that most plants need for good growth. That is the reason why not just any plant will grow in a swamp. Following are some choices of plants for constantly moist, well-drained soil. The end of the list includes plants that tolerate shallow water.

## Botanical Name Common Name

Aconitum	Monkshood
Actaea	Bugbane
Alchemilla	Lady's Mantle
Alocasia	Elephant Ear
Aruncus	Goatsbeard
Asclepias incarnata	Swamp Milkweed
Aster novae-angliae	New England Aster
Astilbe	Astilbe
Astilboides tabularis	Shield Leaf
Athyrium	Lady Fern
Bergenia	Elephant Ear
Blechnum	Deer Fern
Canna	Canna
Chelone lyonii	Turtlehead
Cyrtomium	Fish Tail Fern
Gunnera	Dinosaur Food
Hosta	Plantain Lily
Ligularia	Ligularia
Lysimachia	Creeping Jenny
Helenium autumnale	Helen's Flower

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Helianthus angustifolia	Swamp Sunflower
Hibiscus	Rose mallow
Isolepis (Scirpus)	Fiber Optic Grass
Matteuccia struthiopteris	Ostrich Fern
Monarda	Bee Balm
Mimulus	Monkey Flower
Miscanthus(some varieties)	Maiden Grass
Molinia caerulea	Purple Moor Grass
Osmunda regalis	Royal Fern
Panicum virgatum	Switch Grass
Physostegia	Obedient Plant
Polygonum	Soloman's Seal
Primula	Primrose
Rodgersia	Rodger's Flower
Sisyrinchium californicum	Yellow Eyed Grass
Thalictrum	Meadow Sweet
Tiarella	Foam Flower
Tradescantia virginiana	Spiderwort
Trollius	Globe Flower
Zantedeschia	Common Calla

## Groundcovers for moist, well drained soils

Arenaria	Corsican Sandwort	Mentha	Corsican Mint
Galium	Sweet Woodruff	Potentilla	Spring Cinquefoil
Isotoma	Blue Star Creeper	Vinca minor	Dwarf Vinca
Lysimachia	Creeping Jenny		

## Trees for moist, well drained soils

Abies balsamea	Balsam Fir	Populus tremuloides	Quaking Aspen
Acer rubrum	Red Maple	Salix	Willow
Liquidambar	Sweet Gum	Sequoia sempervirens	Coast Redwood
Nyssa sylvatica	Black Gum		

## Shrubs for moist, well drained soils

<b>Botanical Name</b>	<b>Common Name</b>	<b>Botanical Name</b>	<b>Common Name</b>
Andromeda	Bog Rosemary	Cornus stolonifera	Dogwood (Shrub)
Chaenomoles	Flowering Quince	Potentilla fruticosa	Potentilla
Chionanthus	Fringe Tree	Sambucus canadensis	American Elderberry
Clethra	Summersweet	Viburnum opulus	Snowball Bush

## Plants for shallow water (1 inch over the plant crown)

Acorus gramineus	Japanese Sweet Flag	Iris ensata	Japanese Iris
Caltha palustris	Marsh Marigold	Iris laevigata	Water Iris
Carex elata 'Aurea'	Bowles Golden Sedge	Iris versicolor	Blue Flag
Juncus	Common Rush	Typha	Cattail
Cyperus alternifolius	Umbrella Plant		